

SMART Goals

Pick two or more of the categories below and write personal goals to accomplish. Be sure all your goals are SMART: specific, measurable, attainable, relevant, and time-limited.

CATEGORY	SMART GOAL	OBJECTIVES - Break your goal down into smaller action steps or objectives
Example: Financial (income/credit)	I plan to create an emergency savings fund of 6 months of personal expenses within four years.	1. Use WEV worksheet to track personal spending for one month. 2. Create a written budget & determine monthly bare-bones living expenses (= \$2,000/month). 3. Set up an automatic transfer of \$250/month to separate savings account.
Financial (income/credit)		
Business growth (professional)		
Family (child care, work at home)		
Personal growth		
Community participation		
Other		

What obstacles might prevent you from accomplishing your goal(s) and how can you overcome them?

- 1.
- 2.
- 3.